

# About Us

Gosal Sagar Helping Hands Foundation is a non-profit organization based in Jabalpur, that was initiated in 2013.(Formerly known as-S M S Avam Punarvas Samiti).It runs with the aim to protect and nurture cows and be an example of self sustainability. The resolute team members who took up this initiative include:

- 1) Mr Naren Kr Jain
- 2) Dr Mukesh Kumar Jain
- 3) Mrs Madhu Jain
- 4) Dr Sachin Kumar Jain
- 5) Mrs Ritu Jain Gupta
- 6) Mrs Swapna Jain

The organization has already initiated a few ventures in a short span of time, including the Care and Protection of Cows and Panchgavya projects, which have been great successes so far.

It further plans to expand on a larger scale than before with the knowledge and experience obtained from these previous ventures. It has invested time and assets in improving the various concerns of the surrounding environment. By understanding how every aspect of nature is dependent on one another, G S helping Hands Foundation is setting an exemplary example of self reliance by replicating this codependency in their various activities. Each department is beneficial to another, making the organization, as a whole more self reliant.

With an area of about four acres, the organization has kick started what would be the beginning of a major environment related movement that aims to enhance and benefit the flora and fauna of the vicinity on various levels. They have previously shown a lot of dedication and effort and plan to continue to do so in every future endeavor.

**Our Mission :** We strive to work towards a sustainable way of cultivation by protecting and nurturing cows, alongside protecting the bird population in the vicinity.

**Our Vision:** Our focus is on enhancing the biodiversity of the area and benefiting the local plants, birds and animals. By exploring the interdependence of various aspects of biodiversity, we also aspire to create vacancies for employment in various sectors.

## **Our Projects**

### **1) CAPOC( Care and Protection of Cows):**

Cows are not only a basic domestic or farm animal but also a rich provider of multiple products. Milk production industry in India is one of the largest and ever growing industries, which is consumed in every other household in India. India is home to a variety of cow breeds. The organization hopes to conserve and take care of these indigenous cows and nurture them with utmost care. Cow dung is also another useful byproduct derived from cows. The dung can be used to produce gobar gas. The cow dung also has many antibacterial properties. Cows are beneficial in more than one way to the society and therefore it is important to conserve and nurture these cows.

Realizing this, the organization has set up its own gaushala with more than 200 cows. The venture plans to bring sick and cows that are uncared for, under its protection and use its dung to produce manure for their green projects. This way the cost for buying extra manure for the plants is cut down. The other by-products of cows can be used to prepare panchagavya and sold to the people. This would make the goshala self-sufficient to a large extent.

### **2) Botanical Heaven :**

With environmental problems like deforestation and soil erosion on the rise, there is a need to take an immediate action against this. Thus one must spot the early signs of such problems and work towards conservation as soon as possible.

With an increase in awareness of the harmful effect of artificially generated compounds such as plastic for the soil and ocean, there is a greater need to look for alternate plant based products. These products do not have much side effects on the body and also promote fast biodegradation after disposal. With so many benefits at hand, It is inevitable that people must come together to increase cultivable space and grow as much vegetation as possible in a given piece of land. The organization hopes to make this a reality soon.

### **3) Great care veterinary clinic:**

It is important to protect and nurture the vegetation of a place, it is also equally important to look after the local fauna. Dogs, cats, cows and other animals are also at a high risk of getting injured or infected by various diseases. Most of these injured or infected animals are neglected and are not given enough care, resulting in casualties among them. Our foundation plans to open a veterinary clinic to cater to the needs of these helpless animals. It will also help administer good medical facilities to the animals, along with offering the opportunity for pet owners to take better care of their furry friends.

### **4) Birds Hospital :**

The foundation also plans to start a bird's hospital in the near future. It will be the first hospital of its kind in the area. The organization not only plans to bring about a change in the agricultural field, it also hopes to serve the local aves. Many varieties of birds are going extinct rapidly due to sudden climate changes and hunting. This innovatie will hope to put a full stop to the rapid rate of decline in bird population.

By working on these issues, the organization not only works toward the betterment of the surrounding environment, they also inspire and motivate the local people and bring awareness to the local animal population. By bringing light to these issues the organization hopes to drive more and more people into this family and make each contribution count. This way the community becomes more sensitive about the population of bird species in the area and takes steps to preserve it.

## **5) Five Cow Derivatives (Panchgavya):**

Cow dung can be used as manure and to produce gobar gas. It is the best example of animal based natural alternatives to artificial products. Our NGO hopes to rear cows and take care of them. They also plan to produce panchagavya, a concoction made from five cow derivatives i.e ghee curd, milk, cow urine and dung. Panchagavya is said to have many benefits and the organization plans to offer this to the people.

## **6) Child Welfare :**

The goal of child welfare is to promote the well-being, permanency, and safety of children and families by helping families care for their children successfully or, when that is not possible, helping children find permanency with kin or adoptive families.

## **7) Women Empowerment :**

Women's Entrepreneurship Development project support women entrepreneurs to create decent employment, achieve women's empowerment and gender equality, and work toward poverty reduction.

To work on skills needed by Successful Entrepreneurs i.e

- Communication skills
- Human relations skills
- Math skills
- Problem-solving & Decision-making skills
- Technical skills
- Basic Business skills

## **Botanical Heaven**

Project Botanical Heaven is a pioneer, environment-friendly project under the banner of G S Helping Hands Foundation. The key objectives of this plantation based project are:

- growing plants of different varieties
- leveraging the interdependence of cattle and vegetation for sustainable results

There is a dire need to grow more vegetation and expand cultivation as it has many benefits to both the land and the living beings. It is equally important to look after the flora and fauna of a place with utmost care. This initiative dedicatedly strives to bring about this change in the area.

The project has been allotted four acres of land. As planting and vegetation is of major importance to this drive, one acre is allocated exclusively for this. Here a number of plants will be grown, including herbal plants with medicinal properties. Plants grown for medicinal properties can be used in various remedies too. With the current pandemic in view, such plants that help strengthen the immunity are crucial.

The rest of the activities that come under this project will take place in the remaining three acres of allotted land. The plants grown will be used for innumerable purposes. Along with medicinal benefits, the plants will also act as fodder for the cattle in the goshala. This will cut down the need to buy extra fodder for the cattle by 25%. This helps the project sustain itself in both the vegetation front and cattle rearing too.

The venture will take place in Jabalpur, Madhya Pradesh. Apart from this, the G S Helping Hands Foundation is already running a goshala and rearing 200 cows of diverse ages. They hope to bring this expertise and dedication into the Botanical Haven project too. The project will explore the interdependence of cattle and vegetation on each other. The plants will also benefit from the 'gaushala' of the NGO as the dung produced there can be used as manure for the plants. Manure is used to enhance soil oxygen and nitrogen levels and also prevent soil erosion. This helps plants grow well and produce better yield than before. This project also promises to distribute some of the fruits produced by the plantation to the people in need.

The 'vatika' or the vegetation space will be named Sammed Sagar vatika. It will be in need of gardeners and other helpers that will in turn create vacancies for new jobs in the area benefiting the local gardeners and farmers.

The project may further expand by opening a bird hospital in the vicinity. It will be the first bird hospital in the area since there are no bird hospitals in the area as of now. This will be very beneficial to the population of aves in the area.

